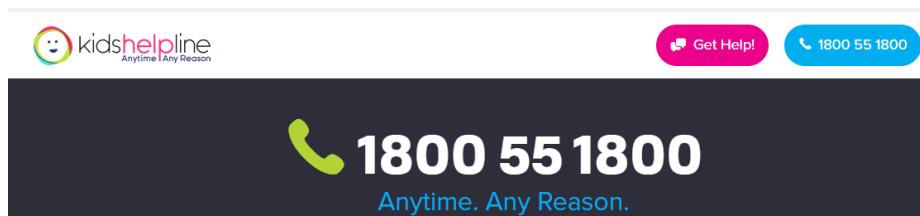


Online counselling and information that can be accessed from home providing information and support via the web and phone.

Kids Help Line

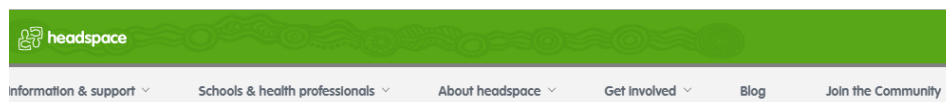
Online webchat and phone counselling

<https://kidshelpline.com.au/>



eheadspace

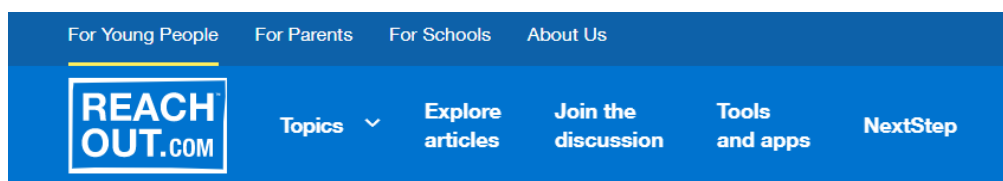
<https://headspace.org.au/eheadspace/>



eheadspace provides free online and telephone support and counselling to young people 12 - 25 and their families and friends. If you're based in Australia and going through a tough time, eheadspace can help.

Reachout

<https://au.reachout.com/>



Parent Line

<http://www.parentline.org.au/>

